

Healing Touch International Booklist

Purpose: The booklist was compiled to support the Healing Touch International students, apprentices and practitioners, as well as to provide information helpful in understanding the theories and principles behind the work of Healing Touch. The list does not include “all” relevant titles and other valuable books can be found in these categories. The following list is in alphabetical order by title.

Healing Touch Certificate Program Course Work

Esoteric Healing (Bailey)
Hands of Light (Brennan)
Healing Touch: A Guidebook for Practitioners, 2nd ed. (Hover-Kramer)
Joy’s Way (Joy)
White Shadow (Wardell)

Energy Medicine/Holism

Anatomy Coloring Book (Elson)
Biology of Belief (Lipton)
Creation of Health (Myss)
Creative Energies (Hover-Kramer)
Eastern Medicine, Western Mind (Judith)
Earthing (Ober)
Energy Anatomy (Myss)
Energy Medicine: A Scientific Basis (Oschman)
Holistic Nursing (Dossey)
Holistic Nursing Curriculum (Dossey)
Infinite Mind: Science of Human Consciousness (Hunt)
Invisible Helpers (Leadbeater)
Light Emerging (Brennan)
Mind Mastery Meditations: A workbook for the “Infinite Mind” (Hunt)
Pendulum Power (Nelson/Polansky)
Power vs. Force (Hawkins)
Spiritual Alchemy: How to Transform Your Life (Page)
Spontaneous Healing of Belief (Braden)
The Energy Healing Experiments (Schwartz)
The Heart’s Code (Pearsall)
The Power of the Mind to Heal (Borysenko)
Vibrational Medicine (Gerber)
Wheels of Life (Judith)
Wheels of Light (Bruyere)
Why People Don’t Heal (Myss)

Ethics

Ethics for the New Millennium (Dalai Lama)
The Ethics of Caring, Honoring the Web of Life in our Professional Healing (Taylor)
The Ethics of Touch: The Hands-on Practitioner’s Guide to Creating a Professional, Safe and Enduring Practice (Benjamin and Sohen-Moe)

Quantum Physics

Body Electric (Becker)
Dancing WuLi Masters (Zukav)
Divine Matrix (Braden)
Energy Medicine in Therapeutics and Human Performance (Oschman)
The Field (McTaggart)

The Intention Experiment (McTaggart)
Molecules of Emotion (Pert)
Quantum Healing (Chopra)
Quantum Reality (Herbert)
Spiritual Anatomy of Emotion (Dossey/Micozzi)
The Holographic Universe (Talbot)
The New Physics of Healing (Chopra)

Spiritual Development

Anatomy of the Spirit (Myss)
Care of the Soul (Moore)
Extraordinary Healing Power of Ordinary Things (Dossey)
Fire in the Heart (Markides)
Healing From the Heart (R.Graham)
Healing into Life and Death (Stephen Levine)
Homage to the Sun (Markides)
Love and Survival (Ornish)
Practicing the Presence (Goldsmith)
Return to the Sacred: Ancient Pathways to Spiritual Awakening (Ellerby)
Sacred Mirrors (Grey)
Seat of the Soul (Zukav)
Spiritual Alchemy (Page)
The Art of Spiritual Healing (Goldsmith)
The Chakras and the Human Energy Field (Karagulla/Kunz)
The Gift of Change: Spiritual Guidance for Living Your Best Life (Williamson)
The Magus of Strovolos (Markides)
The Healing Light (Sanford)
Touching Peace (Thich Nhat Hahn)
Walking a Sacred Path (Artress)
When Fear Falls Away (Jan Friedman)
When Things Fall Apart: Hard Advice for Difficult Times (Chodron)
Wherever You Go There You Are (Kabat-Zinn)

Personal/Professional Development

A Return to Love: Reflections of Principles of a "Course in Miracles" (Williamson)
A New Earth (Tolle)
Ageless Body, Timeless Mind (Chopra)
Body/Mind Workbook (Shapiro) retitled Healing Mind, Healing Body
Born to Serve: The Evolution of the Soul Through Service (Trout)
Business Mastery (Sohmen-Moe)
Change Your Thoughts, Change Your Life (Dyer)
Creating Affluence (Chopra)
Creative Imagery in Nursing (Shames)
Excuse Me Your Life is Waiting: Astonishing Power of Feelings (Grabhorn)
Heal Your Body (Hay)
Healers on Healing (Carlson)
Inspiration: Your Ultimate Calling (Dyer)
Leadership and Self-Deception (Arbinger Institute)
Mentoring (Hang)
Nurse as a Healer (Keegan)
Principle Centered leadership (Covey)
Right Rhythmic Living (Ethridge)
Rituals of Healing (Ackenberg)
Serving Humanity (Bailey)

Spiritual Economics (Butterworth)
The Anatomy of Peace (Arbinger Institute)
The Energy of Money (Nemeth)
The Extraordinary Power of Ordinary Things (Dossey)
The Heart Speaks (Guarneri)
The Medicine Woman's Guide to Being in Business for Yourself (Bridges)
The Power of Intention (Dyer)
Wishcraft: How to get what you really want (Sher)
Yes, I Will (Tovey)
You Can Heal Your Life (Hay)
Your Sixth Sense: Unlocking the Power of Your Intuition (Naparstek)

Journaling

Artists Way (Cameron)
Journal to the Self (Adams)
Journal to the Soul (Offner)
Life's Companion Journal (Baldwin)
Nurses Meditative Journal (Kahn)
Scribing the Soul (Adams)
Storycatcher (Baldwin)
The Creative Journal (Capacchione)
The Power of Your Other Hand (Capacchione)
The Well Being Journal (Capacchione)
The Write Way To Wellness (Adams)
Visual Journaling (Ganim/Fox)
Writing Down the Bones (Goldberg)

CORRECTION/CHANGES IN TERMINOLOGY FROM TEXT

Healing Touch: A Guidebook for Practitioners 2nd Edition

by Dorothea-Hover Kramer (2002)

published by Delmar Thomson Learning

3 Columbia Circle, P.O. Box 15015, Albany, N.Y. 12212-5015

Therapeutic Touch is no longer taught (page 104-115).

Basic Healing Touch Sequence has replaced Therapeutic Touch. It identifies techniques as: **Magnetic Passes** which includes **Hands in Motion** and **Hands Still**

Full Body Connection (p. 120-128) is the same term used but technique has 7 additional hand positions (taught in Level 4)

Magnetic Unruffle (p. 130) is now called **Magnetic Clearing** (Level 1)

Etheric Unruffle (p. 132) is now called **Etheric Template Clearing** (Level 3)

The **Hopi Technique** (p. 153) is done as part of back sequence, not as a separate technique (Level 2)